

Oaks Chapel Serves

benefitting Lovepacs

Item/ # needed for one Lovepacs Box	Total Needed	Item Size Needed
Cereal Box (1)	300	12-18 oz box (not jumbo boxes)
Can of Vegetables (3)	900	15 oz can
Can of Fruit (2)	600	15 oz can
Can of Pasta (2)	600	15 oz can (like Chef Boyardee)
Can of Chili or Chunky Soup (2)	600	15 oz can
Can of Chicken or Tuna (2)	600	5 oz can
Can of Pinto or Black Beans (1)	300	15 oz can
Package of Spaghetti (1)	300	16 oz package
Can of spaghetti sauce (1)	300	Can or plastic jar (no glass)
Plastic Jar of Peanut Butter (1)	300	16 oz plastic jar (no glass)
Plastic Jar/Bottle of Jelly (1)	300	20 oz plastic jar (no glass)
Packet of Ramen Noodles (3)	900	Individual packets
Box of Macaroni and Cheese (2)	600	Regular sized box
Individual Granola Bars (10)	3000	Individual bars
Packet of Instant Oatmeal (10)	3000	Individual Packets
Individual Cups/pouches of Apple	1800	Individual Cups or pouches
Packet of Microwave Popcorn (6)	1800	Individual Microwave Bags